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12th December 2019

Dear Parent/Carer

Bishopton has been made aware of an opportunity that might interest you!

FREE COURSE FOR PARENTS/CARERS

Want to create happy, healthy family mealtimes? Want to learn more about cooking from scratch on a budget?

Join us for a new course and learn to prepare a range of healthy new recipes for all the family. Make cooking simple with tasty recipes such as Creamy Chicken and Vegetable Curry.

Make mealtimes more fun. Start the year creating new mealtime memories for all the family and have a healthy, tasty 2020!!

Five week course starting on:

Billingham Family Hub: Monday 13th January at 12.30pm-2.20pm

Thornaby Family Hub: Monday 13th at 9.30am-11.30am

Redhill Family Hub: Wednesday 15th January at 12.30pm-2.30pm

Stockton Family Hub: Friday 17th January at 9.30am-11.30am

Please contact your local Family Hub for further information

Yours sincerely

Jemma Cruces

We are committed to safeguarding all children in our care, which is paramount in all that we practice and deliver



